



## DISCOVER SAALFELDEN LEOGANG

In Saalfelden Leogang, the motto is "Holiday, the way I want". Around 70 kilometres southwest of the city of Salzburg, in the most contrasting region of the Alps, holidaymakers can flexibly combine their summer holiday with great adventures, lots of enjoyment and high-quality nature experiences. In the midst of nature, there are diverse sports and wellness offers to discover. Numerous hiking and running trails offer a fascinating view of the mountain ranges Steinerne Meer and the Leoganger Steinberge. Hikers enjoy a relaxing break in nature along the way and take advantage of the "pole sharing" concept or take a break on the wrought-iron forest swings. In Austria's largest biking region, cycling fans of all levels, mountain bikers and pleasure cyclists really get their money's worth and use a joint bike ticket. Families embark on an adventurous journey on the "Mountain of the Senses" and visit the Nature Cinema and the TONspur Islands. Music lovers can choose from a summer cultural programme: the Saalfelden Jazzfestival, the "TONspuren am Asitz" concerts and the ALM:KULTUR. Guests receive the best benefits and free admission with the free Saalfelden Leogang Card - 365 days a year.

[www.saalfelden-leogang.com](http://www.saalfelden-leogang.com)

## PROGRAM 10.-13.10.2022

### 10. October 2022

- Arrival By train from Vienna to Saalfelden:  
7.55 am departure Vienna, RJ544 - change in Salzburg - arrive in Saalfelden 12.54 pm
- 12.55 noon Taxi from Trainstation Saalfelden → Hotel Forsthofgut Leogang  
(already booked; **Taxi tba**)
- Check-in at the beautiful **Naturhotel Forsthofgut** in Saalfelden Leogang  
[www.forsthofgut.at](http://www.forsthofgut.at)
- 1.30 pm Lunch at the Naturhotel Forsthofgut
- 2.30 pm Taxi to the starting point of the hike

#### Option 1:

Guided 30-minute hike to the hermitage in Saalfelden. The hermitage is one of the last inhabited hermitages in Europe. Enjoy the beautiful view over Saalfelden and maybe you can talk to the hermit. After a break we go down again. [https://www.saalfelden-leogang.com/de/tour/einsiedelei\\_2811133](https://www.saalfelden-leogang.com/de/tour/einsiedelei_2811133)

#### Option 2:

Guided 1 hour hike up to Birnbachloch in Leogang. Nature and climate in transition.

A journey through time on the tracks of ice, water and change. Interesting facts about the effects of the climate crisis in the region and adaptation measures. The Birnbachloch glacier is Europe's lowest-lying glacier.

Afterwards Taxi back to the Naturhotel Forsthofgut

07.00 pm Enjoy the delicious dinner at the Hotel Forsthofgut

### 11. October 2022

Breakfast Enjoy the breakfast at the hotel

10.00 am Meet your Bike Guide at the Office of Bikeschool Elements (Asitz Valley Station) Pick up your e-bike and helmet at Sport Mitterer. Please bring your own goggles/sunglasses and bike-gloves (if you need one).

Now you are ready to hit the trails of the Saalfelden Leogang **Culinary E-Bike-Tour**. Along the way you explore numerous regional farmer's shops, and you can reward yourself with local delicacies from the Pinzgau region.

Afterwards Bring back your bike/equipment at Sport Mitterer

Optional 3 pm Visit the famous Mining- and Gothic Museum Leogang (guided tour) [www.museum-leogang.at](http://www.museum-leogang.at) → we kindly ask you to register in advance if you would like to visit the museum.

Afterwards Relax and discover the SPA Area of the hotel

06.30 pm Enjoy the delicious dinner in the Restaurant "Dahoam" of the Hotel Riederalm (one of our many award-winning Gault&Millau restaurants)

### 12. October 2022

Breakfast Enjoy the breakfast at the hotel

At the hotel you get the Saalfelden Leogang Card. With the guest card, you can use the cable car on the Asitz for free 2x a day (2 ascents and 2 descents are included).

10.00 am Discover the **Mountain of Senses**, the Asitz:

Take the cable car to the top station. Then follow Leos Game Trail to the **Naturkino** (Cinema of Nature). After a breather at the Cinema of Nature, continue on the trail to the Großer Asitz summit. After a fabulous view, continue your hike along the **TONspur Islands** back to the top station. Along these 5 Islands you can listen to the TONspuren concerts of the previous summer and enjoy the stunning view. Now continue with the cable car to the mid station.

01.00 pm Lunch at the Stöcklalm

02.30 pm **TEH Herbal workshop** in the Senses Park at the mid station of the Asitz

Optional afterwards Now it is time explore the **Senses Park** and visit the **Peaceful Water** area.

Take the cable car to the base station

Afterwards Relax and discover the SPA Area of the hotel

- 07.45 pm Taxi to the dinner location
- 08.00 pm Enjoy the delicious dinner "Hutessen" at Huwis Alm (Priesteregg)
- Afterwards Taxi back to the Naturhotel Forsthofgut

### 13. October 2022

Enjoy the breakfast at the hotel & Check-Out

- 10.00 am Taxi from the Naturhotel Forsthofgut to the Trainstation Wörgl
- 11.19 am Train departure Wörgl 11.19 am - change in Innsbruck - arrive in Seefeld

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#### Kontakt:

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#### Social Media Channels:

##### Saalfelden Leogang:

#saalfeldenleogang  
Instagram: [https://www.instagram.com/saalfelden\\_leogang](https://www.instagram.com/saalfelden_leogang)  
Facebook: <https://de-de.facebook.com/SaalfeldenLeogang>  
Twitter: [https://twitter.com/saalf\\_leogang](https://twitter.com/saalf_leogang)

##### Naturhotel Forsthofgut:

#forsthofgut  
Instagram: <https://www.instagram.com/naturhotelforsthofgut>  
Facebook: <https://www.facebook.com/forsthofgut/>