

Sports and Culinary Pleasures in the Kitzbühel Alps

A very special holiday feeling between the Kitzbühel Horn and Wilder Kaiser Mountain range

In the midst of the most striking mountains of the Kitzbühel Alps, the Kitzbühel Horn on the one side and the distinctive Kaisergebirge mountain on the other, lie the picture-perfect villages of St. Johann in Tirol, Oberndorf, Kirchdorf and Erpfendorf.

As part of the Kitzbühel Alps, the four Tyrolean villages present themselves as attractive, high-class holiday destinations. Sporty and active holidaymakers, nature lovers and families will be excited about what the Kitzbühel Alps have to offer: sport and recreation on grassy hills stretching up to the soaring mountain peaks, adventure and entertainment plus authentic Tyrolean hospitality and culinary delights.

A hotspot for bikers

Several hundred kilometres of cycle and mountain bike paths run through the Kitzbühel Alps. Tackle the vertical metres and conquer the challenging bike trails, or simply enjoy a leisurely ride along the broad valley floor past inviting rest stops and impressive places of natural beauty. The wide range of tours promise beginner and professional cyclists alike excitement and diversity. Thanks to the invention of e-bikes, recreational cyclists can also take on the otherwise demanding ascents. E-bike rental, battery charging, and exchange stations are all on hand here. At the end of August, the picturesque valley at the foot of the Wilder Kaiser turns into a "rendezvous point" for cyclists who come from all over the world to compete along this spectacular stretch of the "Radweltpokal".

The Kitzbühel Alps make you want to go hiking

On foot, the diverse landscape of the Kitzbühel Alps truly comes alive as you get right up close with the natural wonders of the region. On well-signed hiking paths and forest trails, nature lovers can hike over Alpine pastures, conquer high mountain peaks, explore wildly romantic mountain lakes and waterfalls, or climb through gorges and canyons. Themed walks, nature trails and guided tours with certified mountain and hiking guides promise unforgettable holiday moments. Following the outline of an eagle's wings, the Adlerweg (Eagle's Trail) hiking route, which covers the entire province, starts in St. Johann in Tirol and proceeds through the Karwendel range to St. Anton am Arlberg and into the Lech Valley. Also, the "Koasa Trail" – a long distance hike with 5 marvellous hikes through the most beautiful spots of the region is worth a try, for hiking enthusiasts. May it be the Eifersbacher Waterfall or the Griesbach Gorge – anybody can enjoy themselves at the beautiful landmarks along the Koasa Trail. The Kaisergebirge (Kaiser Mountains) are among the most striking and most popular climbing areas in the European Alps. Many well-known tours or summits, including the Fleischbank, Teufelskanzel, Ellmauer-Tor and Ackerl and Mauckspitze, for example, are guaranteed to get all mountaineers' hearts racing. Thus the "Kaiser" offers unique conditions for Alpine hiking, leisurely rock climbing and breathtaking sports climbing.

Let the adventure begin

Besides sporting action, idyllic natural beauty and romantic mountain pastures, the villages of St. Johann in Tirol, Oberndorf, Kirchdorf and Erpfendorf offer an array of exciting activities that are sure to get your adrenalin pumping. Highlights include skydiving, tandem paragliding, mountain carts, high ropes course with flying fox, ballooning, canyoning and rafting, then there's the summer 'play street' for children, the "Moor & More adventure park" as well as the indoor and outdoor leisure pools with water slides and sauna worlds.

Tyrolean delicacies served here

Guests look forward to pure, unadulterated culinary enjoyment in the Kitzbühel Alps holiday region: hearty dishes can be enjoyed at rustic mountain huts and inns while a selection ranging from regional delights to haute cuisine is served in high quality restaurants. They all have one thing in common though: fresh, high-quality, and natural dishes, served with genuine Tyrolean hospitality. Along the wide hiking paths and bike tours, there are a number of cosy spots offering a bite to eat. On no account should these be missed!

Dumplings as far as the eye can see

Keep your holiday diary free for the huge number of events that take place during summer in the Kitzbühel Alps. These include the longest dumpling table in the world, at over 500 metres and with almost 26,000 dumplings, the Alpine Festival Weeks, the Cycle World Cup, the now-an-institution Musical Evening with well-known artists and show groups, night shopping and many other international and regional events.

Roll on winter

On and off the slopes, the holiday region in the Kitzbühel Alps has a great deal to offer endless fun in the snow on ski runs for all levels, with natural snow or snowmaking, if necessary, plus a perfectly developed network of cross-country ski tracks welcome ski enthusiasts from all corners of the world. Skiers have plenty to choose from: the small, friendly ski resort of St. Johann in Tirol and Oberndorf in Tirol, the vast "3-Länder Freizeit-Arena" resort with the Waidringer Steinplatte, and the impressive, snow-reliable Super-Ski-Card ski resort, which unites 23 ski regions in Tyrol and Salzburg with over 900 ski lifts. Romantic mountain huts, horse-drawn carriage rides, extensive winter hiking trails, fun toboggan rides and lavish spa facilities ensure - winter dreams really do come true in Tyrol.

www.kitzalps.cc

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