

Suggested topics for summer 2022:

Mount Ahorn Sunrise Gondola



It is a very special kind of natural spectacle when the first rays of sunlight blink out from between the impressive mountain ranges. At dawn, we take the gondola up to the Ahorn Plateau. Where we await the magic of the first rays of sunshine. The Sunrise Gondola runs every Thursday during the summer months until mid-September. It leaves between 5.00 a.m. and 6.30 a.m. The time varies – the later the sun rises, the later the gondola leaves. Specific departure times are available from the Mayrhofner Bergbahnen. We recommend registering through the myZillertal app. First trip down possible from 7.00 a.m. A self-service tea buffet awaits you on the Zillertal viewing platform. A jacket or jumper are recommended, as even in fine weather it can be very chilly up the mountain in the morning.

Sunrise Tour on the Gedrechter



For those who prefer to discover nature on their own, we recommend the easy to moderately difficult hike on the Gedrechter in Kaltenbach. The first metres of altitude difference can be comfortably covered in your own car, or for those who are more sporty, by bike on the Zillertaler Höhenstraße. Starting from the Mizun reservoir, the wide path, which is easy to ride on by mountain bike, winds its way up towards the summit. Tip for early risers: anyone experiencing the Gedrechter on a sunrise tour should definitely plan a long breakfast at the Wedelhütte afterwards, and let Manni Kleiner and his team spoil you with culinary delights. In the summer months, the Wedelhütte is open from Thursday to Sunday, breakfast by reservation.

Sunrise Hike to the Torseen Lakes – a hot spot for photographers!

The Torseen lakes are located in Tuxertal at over 2,000 metres above sea level and offer a magnificent view of the main Alpine ridge. Romantics and photographers gather here as early as sunrise, because from June to September the cotton grass flowering on the lakeshore with its cotton-wool white tufts is a unique subject for photos.



Conquer the first metres of difference in altitude with the summer cable cars

No less than ten summer cable cars are available in Zillertal to make getting up the mountain easier for hikers. And best of all: one trip up and down is included every day with the Zillertal Activcard. The card is ideal for anyone who wants to experience the valley with its four holiday regions. It also includes free admission to the six outdoor swimming pools, free use of most public transport in the region and a discount of at least ten percent with numerous advantage partners in Zillertal.





For those who like a challenge: the Berlin High Trail

The Berlin High Trail leads through the heart of the Nature Park Zillertal Alps – from the Gamshütte to the Karl-von-Edel-Hütte. Magnificent views of the glaciated high mountains await mountain hikers, as well as wonderful vistas of the natural beauty of this high-alpine landscape with peaks like the **Hochfeiler**(3,509 m) or **Great Möseler** (3,478 m).





For passionate mountaineers: the Peter-Habeler-Runde

Mountain professor **Peter Habeler** has had close links with the Zillertal Alps since his childhood. The famous mountaineer from Mayrhofen has conquered five peaks over eight thousand metres, including being the first to climb Mount Everest without artificial oxygen with **Reinhold Messner**. But **for him the most beautiful peaks are at home** in Zillertal. Resulting in a 56 km long high-altitude trail around Mayrhofen with a circuit round the peaks of the western Zillertal Alps being named after him, the Peter-Habeler-Runde.

Romantic hike into the side valleys

Schwarzachtal, Wimmertal, Schönachtal and Wildgerlostal: Gerlostal's wild and romantic side valleys each have their own special charm. They lead through wonderful nature and along babbling brooks that provide refreshing coolness in summer. In all valleys, you will find a cosy, catered mountain farm after about an hour's hike. And after the hike, the Durlaßboden reservoir invites you to have fun in the water. You can go swimming, pedal boating or just relax there. Perfect for families!

Experience nature while volunteering in the Nature Park Zillertal Alps

The Nature Park Zillertal Alps is committed to protecting the habitat of animal and plant species. It offers the opportunity to work on numerous projects and to voluntarily commit to serving nature. You want to make an active contribution to nature conservation or accompany the volunteers and record their work editorially and photographically – we will be happy to support you in your research.





E-mountain bike gastronomic tours

E-mountain bike tours in Zillertal generate feelings of happiness among leisurely cyclists, nature lovers and culinary enthusiasts. On modern mountain bikes with electric motors, they pedal "with a tailwind", so to speak, to Zillertal's mountain huts, where they enjoy Zillertal delicacies or coffee specialities with home-made sweet treats and reach peaks that may otherwise be deprived of due to a lack of fitness.





Dream trails for trekking bikes

The cycle paths in the valley are ideal for family tours and leisurely cyclists. The Zillertal cycle path is particularly family-friendly, allowing you to leisurely explore the sunny valley along the Ziller. The wide and well-built trail, almost 31 km long, runs almost flat from Strass to Mayrhofen.

Pure action: climbing, rafting, canyoning and paragliding

Action sports in Zillertal offer unforgettable experiences for all ages. For example, there are countless opportunities in Zillertal for climbing fans! Rocks for sport climbers, ten via ferratas, a climbing hall, a bouldering hall, an outdoor climbing tower and four climbing parks. Tyrol's first tailor-made via ferrata for children with countless attractions and the high ropes course at **Zimmereben** via ferrata in Mayrhofen are new. The white water of the Ziller and Wildgerlosbach provide the right thrill for rafting adventures in an inflatable boat. And the Zillertal's side valleys with their gorges, streams and waterfalls are the ideal playground for canyoning fans who love abseiling, climbing, sliding and jumping – the ultimate adventure! In total there are 64 marked running and Nordic walking trails with a total length of about 445 kilometres in the four holiday regions, which offer a **sporting challenge** and a **chance to enjoy the** scenery at the same time. Zillertal is also a special feast for the eyes from above: flying enthusiasts will find one of the most beautiful and largest paragliding areas in Europe here. If you want to experience this for the first time, you can soar like an eagle down to the valley from the most beautiful launch sites in the Alps with experienced and certified tandem pilots.







Hintertux Glacier and Nature's Ice Palace

Mysterious ice formations and glittering ice crystals – Nature's Ice Palace on Hintertux Glacier opens up a sparkling world to visitors that enchants with the beauty and purity of nature. The icy journey begins at the viewing plateau on the Gefrorene Wand (3,250 m). Incidentally, the year-round ski area on Hintertux Glacier is the only one in Austria that is open 365 days a year – skiing fun even awaits you here in high summer!

Cave trekking in the largest rock cave in the Central Alps

The Spannagel Cave on Hintertux Glacier is the highest show cave in Europe and is 12.5 kilometres long in total. 10 of these kilometres are accessible to visitors under expert guidance. The marble show cave can be explored on three different tours. Equipped with a helmet, headlamp and protective suit, you head into the depths of the Spannagel cave system.





Wood-Lake-Balance at lake Fichtensee

In the Zillertal Arena holiday region, the area around Fichtenschloss castle has been expanded. You can now reach the next highlight, lake Fichtensee, on the buggy-friendly Almrunde circular walk from the Rosenalmbahn cable car top station via Fichtenschloss castle. The swimming lake is particularly attractive due to its location at 1,700 metres and its numerous attractions such as standup paddling and boat hire, diving board, swimming island and much more. And if you're feeling peckish, there's a food truck on standby, but it's also worth stopping off at the new Wiesenalm at the middle station.

Birds of prey within reach!

Observe native birds of prey up close. Located at 2,000 metres above sea level, Adlerbühne Ahorn in Mountopolis (Mayrhofen) is the highest bird of prey station in Europe. Against the spectacular backdrop of the Zillertal Alps, birds of prey such as great horned owls, falcons, buzzards and eagles soar over the heads of spectators. At the new falconry oasis at the reservoir, there are several information stations on the subject of birds of prey.

"Little Tibet" in Zillergrund

Zillergrund is a Zillertal side valley. The hike to Little Tibet takes about one hour from the turquoise reservoir. The end of the valley looks similar to the landscape in the highlands of Tibet. Tibetan flags, prayer wheels and small wooden huts stand side by side. A beautiful hike with a magnificent mountain panorama.

Experience nature around Gerlosstein

There are many new attractions to discover on the Gerlosstein adventure mountain totally in keeping with the motto "back to the source". From a long walk on the Almpromenade to the Zillertaler Almtribüne, which offers a picturesque view over the whole of Zillertal. But a petting zoo and a large alpine playground are also popular destinations. Would you like a little more action? Then whizz over the terrain at speeds of up to 50 km/h with the Almflieger Gerlosstein.

Marmot paradise in the heart of the Zillertal Alps

Children will be amazed: they will never get any closer to real marmots in real life than they do at Murmelland. Just a barrier separates us humans from the animals. But it's not only marmots that call Murmelland Zillertal home, as you can also feed and stroke goats, sheep, rabbits, alpacas and other petting animals in the petting zoo. And while their little ones watch the marmots, play on the playground or build dams in the stream, parents can sit comfortably on the terrace of the Kaltenbach ski hut and enjoy the sun. On top of that, we recommend a walk along the Hubertus Wildtierpfad, from the Hubertus Chapel to above the Platzlalm, with several interactive stations with games and puzzles for all ages.















Skiing in the morning, golfing in the afternoon

The desire for the exclusive has long been a reality in Zillertal. Where else can you carve your first turns in the snow on the glacier in the morning and play golf on a ***** superior 18-hole championship course with par 71 in the afternoon! At the golf course in Uderns, golfers enjoy 18 holes on well-kept fairways and greens in front of a unique panorama. The championship course extends over 65 hectares and offers a beautiful game for all levels on the spaciously laid out driving range with sheltered tees, large chipping area and golf school.

Gauder Fest

The traditional Gauder Fest in Zell im Zillertal takes place annually on the first weekend in May, this year probably from 28 April to 1 May 2022. Experience shows that more than 2,000 participants take part in the big Gauder Fest procession on Sunday. Visitors can marvel at colourful traditional costume and music groups, historic carriages, floats, teams of horses and oxen at Austria's largest traditional costume parade.

INDULGENCE AND CULINARY DELIGHTS IN ZILLERTAL

Healthy local herbs, down-to-earth home cooking and exquisite cuisine – Zillertal delights its guests with exceptional culinary diversity. The authentic cuisine with regional, natural products tells of the tradition and culture of the Zillertal people, who are known as passionate hosts. Young Zillertal catering establishments have made it their business to reinterpret Zillertal specialities and present them in a contemporary way up the mountain and in restaurants in the valley. Whether owner-managed inns or family-run hotels – first-class and award-winning restaurants can be found in all the Zillertal holiday regions.





Indulging up the mountain and in the valley

Guests enjoy culinary delicacies made from regional products at over 150 managed huts and mountain inns in Zillertal. The innkeepers offer original Zillertal specialities based on old passed down recipes, hearty savoury snacks with Zillertal cheese made from free-range milk, traditionally baked bread or home-smoked bacon. Meanwhile, young Zillertal catering establishments have made it their business to reinterpret traditional Zillertal cuisine and present it in a contemporary way in the many restaurants in the valley.



Culinary delights at 2,000 m altitude – Stoankasern is Austria's highest cheese dairy

Ascent to the peak of pleasure. Austria's highest cheese dairy, the Jausenstation Stoankasern, is located in Tuxertal at an altitude of almost 2,000 metres, where 500 wheels of tasty mountain cheese weighing around 30 kilograms are produced every summer. The 2,000 litres of milk are supplied by the cows on the surrounding pastures from June to September.





Experience a dairy live

If you want to take a look behind the scenes of a farm, including milk production and processing, you can stop by the ErlebnisSennerei Zillertal in Mayrhofen after a perfect day in the mountains. There you are not only on a first-name basis with goats and cows, but you also get interesting insights into how freerange milk is turned into high-quality products. About 30 different types of cheese are produced in the alpine dairy. These can then also be tasted, of course. A must-try: Zillertal grey cheese – a true speciality of the region and a secret superstar among the ingredients in the local cuisine.

Zillertal Bier – Tyrol's oldest private brewery and NOW: the BrauKunstHaus

Zillertal Bier has existed for over 500 years and offers a product range that provides true drinking pleasure. From the ever-popular Pils to the naturally cloudy shandy, much appreciated after a hiking tour, to the Gauder Steinbock, which not only comes with higher volume percentages, but also in a magnum bottle – master brewer Peter Kaufmann always proves himself an absolute master of his craft.



Best bar in Austria in Zillertal

Andreas Hotter's Englhof is located in Zell am Ziller. What appears at first glance to be a nice upper-middle class hotel soon turns out to be a true revelation for cocktail fans. Andreas Hotter was awarded the "Mixology Bar Award" for the best bar in Austria in 2019.





NEW HOTEL BUILDINGS AND MODERNISATIONS WORTH SEEING:



Hotel Coolnest - the Kristallhütte's hotel.

Sustainable, different, unique – that's the motto of this newly built hotel. The Tweets Rooftop Restaurant has a "coolinarium" in the truest sense of the word, as well as cool nests, a wellness nest and cool offers with cool things to do!

Zillergrund Rock

ZillergrundRock is a luxury mountain resort and somewhat different luxury hotel in Tyrol. For five generations, the Pfister family has been offering its guests an unforgettable holiday experience. With great attention to detail, vision and a sense of innovation, the Ziller founders completely rebuilt and renovated the hotel last year. The focus is on stylish living in luxurious design and with natural materials. The Nature Spa area invites you to relax and unwind, while the Sky Spa area and the new Rooftop Pool offer breathtaking views of Zillertal's nature.

Natur Resort Rissbacher in Stumm

New since winter 21/22: new Sky spa and active outdoor experiences, as well as new, comfortable rooms & suites with natural materials and energy from renewable resources. Just few minutes away from the open summer cable cars on the Spieljoch and in the Zillertal Arena. Hike, bike or experience nature with the family from there. Special highlight for kids and animal fans: alpaca feeding at the Rissbacherhof!



Das Gerlos hotel in Gerlos

Das Gerlos is not a typical Tyrolean hotel – but small, smart, simple, and with style! A really good night's sleep, a really good breakfast, lots of freedom to do exactly what you want. Das Gerlos is meant for all those who are as enthusiastic about mountains, nature and design as we are. No frills but thrills, this is the perfect place for your time-out in the Tyrolean mountains. Mastering the altitude by bike, setting off on foot towards the summit, relaxing in the sun or fine-tuning your swing on the golf course: everyone has their own ideas about the perfect summer day. Your starting point for all your plans remains



Das Gerlos. Five side valleys branch off from Gerlos: well-marked hiking trails, biking routes or running trails lead to idyllic resting places and viewing points in every valley. Anyone who prefers floating comfortably up to the heights or bombing it down to the valley on their bike, can use the summer cable cars.